

VCS STUDENT-ATHLETE'S CODE OF CONDUCT

The Valley Christian student-athlete should have the following attributes: to be diligent in preparation, relentless in effort, disciplined by nature, respectful in actions, self-controlled with words, humble in spirit, and aggressive in the pursuit of excellence, without regard to the score, opponent, time or referee. **Proverbs 14:23** **In all labor there is profit, But idle chatter leads only to poverty.**

Participation in athletics at Valley Christian School is a privilege. If you choose to participate in athletics you willingly accept the responsibility of being a leader; both in and out of the classroom and in the arena of competition. **Luke 9:48** **"...For he who is least among you—he is the greatest."**

You also understand you are representatives of our Lord and Savior, Jesus Christ. Those who choose to participate must make sacrifices and establish priorities. With these things in mind, the following guidelines have been established for those students who elect to participate in the athletic program at VCS.

- Maintain a good Christian testimony. Every student-athlete is expected to seek to be above reproach in all they say and do as representatives of VCS and of Christ Himself. **At any time** a student-athlete is not maintaining a Christian testimony on or off the field or in the classroom **may be suspended or dismissed** from the team.
- Demonstrate good sportsmanship throughout the contest year by treating opposing players, coaches, officials, and all representatives with respect.
- Abide by the rules of the game with modesty in victory and graciousness in defeat. Be humble.
- Respect the decisions and judgment of the officials.
- Maintain school dress at all times, plus any other dress specifications outlined by coaches.
- Accept correction and instruction from **any and all authority**.
- Be prompt to all scheduled practices, off-season workouts, games and team meetings. It is the student-athlete's responsibility to notify a coach if he/she is unable to attend a practice or event. Notification should always be given as soon as the student-athlete learns he or she cannot attend. It is not appropriate or acceptable to be absent from an event or practice without prior notification.
- Strive to keep language at the highest level of propriety. No profanity or vulgar language is permitted, nor should it be tolerated without consequences.

- Abide by the school’s drug and alcohol policy (pg 32–33 of the VCS Parent Student Handbook). Student– athletes who use or are in possession of drugs, including tobacco and alcohol at school or school–related events will be subject to the penalties for all students as well as the additional penalties reserved for extracurricular participants.
- Exhibit self–control at all times.

Philippians 2:3

³ Do nothing from rivalry or conceit, but in humility count others more significant than yourselves.

John 13:34 – 35

³⁴ A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. ³⁵ By this all people will know that you are my disciples, if you have love for one another. "

- Athletes are to be superior in their actions as representatives of Christ and Valley Christian School on road trips. Respectable and first–class behavior is a must. Failure to do so may result in suspension or dismissal from the team.
- Fighting during athletic events will result in a suspension to be determined by the administration and Athletic Director. More severe disciplinary action may be enacted depending upon the circumstances.
- Valley Christian School does not condone and **will not tolerate** “hazing” or “initiations” of student–athletes by other teammates. Any such actions will result in suspension and/or dismissal from the athletic team.
- Student–athletes are responsible for their behavior in the locker room area as well as on the field or court. VCS strongly disapproves of rough play and expects the student–athletes to demonstrate responsible actions in the locker room area.
- Any permanent removal of a student–athlete from the game by an official due to an attitude or language will result in a one game suspension. The Athletic Director and administration may review and make final decisions regarding game suspensions.

STUDENT-ATHLETE (PRINT)

DATE

STUDENT-ATHLETE (SIGN)

PARENT/GUARDIAN (PRINT)

DATE

PARENT GUARDIAN (SIGN)